

**Crockett Loop - Humane**

Distance: 79.4 miles      Climb: Unk.

Start: Lake Merritt Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
N	Bellevue Ave	0.0	0.1	
L	Grand Ave	0.1	0.1	
R	Bay Pl	0.2	0.3	
BL	27th St	0.5	0.3	
R	Telegraph Ave	0.8	0.1	
L	29th St	0.9	0.2	
R	Martin Luther King Jr Way	1.1	1.0	
L	45th St	2.1	0.3	
R	Market St	2.4	1.0	
C	Sacramento St	3.4	2.3	at Berkeley City Limit
L	Hopkins St	5.7	0.1	
R	Gilman St	5.8	0.4	
R	Santa Fe Ave	6.2	0.1	
BL	Key Route Blvd	6.3	1.4	
C	Ashbury Ave	7.7	0.9	at El Cerrito City Limit
L	Moeser Ln	8.6	0.1	
R	Richmond St	8.7	0.9	
C	Elm St	9.6	0.1	
BL	Key Blvd	9.7	1.2	
R	McLaughlin St	10.9	0.1	
BR	Clinton Ave	11.0	0.2	
L	Amador St	11.2	1.1	
BR	San Pablo Dam Rd	12.3	1.4	
RG	Jack in the Box @ Appian Way	13.7	0.0	bathroom and water (and Jumbo Jacks)
L	Appian Way	13.7	1.1	
BL	Appian Way	14.8	0.9	
BL	Appian Way	15.7	1.1	
R	San Pablo Ave	16.8	2.7	
L	Willow Ave	19.5	0.0	
C	Parker Ave	19.5	0.7	
C	San Pablo Ave	20.2	2.9	
C	Pomona	23.1	1.3	
C	Carquinez Scenic Dr	24.4	3.3	
C	Carquinez Scenic Dr	27.7	2.9	Pass by the gate to abandoned road
C	Carquinez Scenic Dr	30.6	0.8	Pass around the gate back to the road
BR	Talbert St	31.4	0.2	
L	Main St	31.6	0.1	
R	Barrellessa St	31.7	0.7	
BR	Alhambra Ave	32.4	0.5	
RS	Martinez Safeway	32.9	0.0	Just after F St
R	Alhambra Ave	32.9	1.2	
BL	Alhambra Ave	34.1	2.8	Do not take Alhambra Valley Rd.
C	Pleasant Hill Rd.	36.9	1.8	at Taylor
L	Oak Park Blvd.	38.7	1.1	
C	Coggins	39.8	0.3	cross I-680
L	Iron Horse Trail	40.1	4.6	On left where Coggins curves right
L	Danville Blvd	44.7	4.7	At Rudgear Road cross under I-680

C	Hartz Avenue	49.4	0.6	At Railroad Ave
C	San Ramon Valley Blvd.	50.0	4.7	At Railroad Ave
R	Norris Canyon	54.7	5.0	
L	Crow Canyon	59.7	3.4	
R	E. Castro Valley Blvd	63.1	0.7	
L	Norbridge Ave	63.8	1.1	Castro Valley BART option
C	Stanton Avenue	64.9	0.1	
L	Castro Valley Blvd	65.0	0.1	
R	Foothill Blvd	65.1	2.1	
L	150th Avenue	67.2	0.4	cross I-580
R	East 14th Street	67.6	0.0	
R	Bancroft Avenue	67.6	6.8	
BR	Bond	74.4	0.3	
L	42nd Avenue	74.7	0.2	
R	International Blvd.	74.9	0.1	
L	40th Avenue	75.0	0.1	
R	East 12th Street	75.1	2.2	
BL	East 8th Street	77.3	0.1	
BR	East 10th Street	77.4	0.7	
R	Oak Street	78.1	0.3	
C	Lakeside Drive	78.4	0.5	
C	Harrison	78.9	0.2	
R	Grand Ave	79.1	0.2	
R	Bellevue	79.3	0.1	
F	Fairyland Lot	79.4		

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross

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[www.oaklandyellowjackets.org](http://www.oaklandyellowjackets.org)