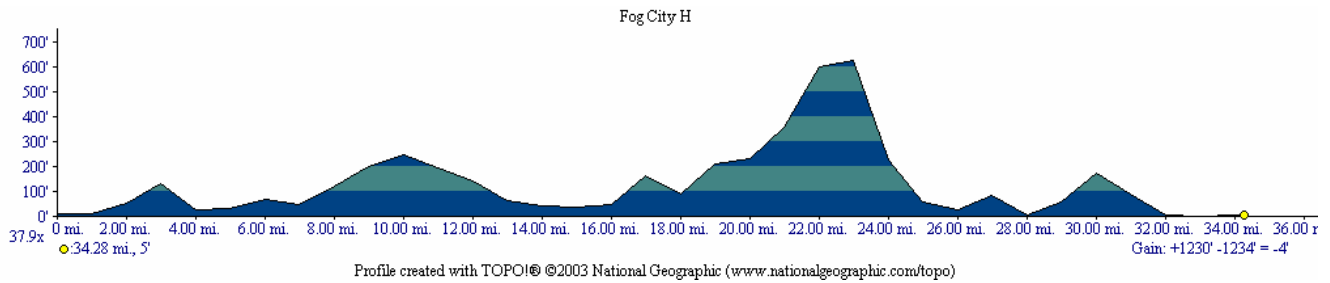


Fog City - Humane

Distance: 34.5 miles Climb: 1,200
 Start: Embarcadero & Bryant, San Francisco

Dir	Street/Road	At	Go	Comments
E	Embarcadero & Bryant	0	START	Meet at the parking lot across from Red's Java House
L	Embarcadero	0.0	2.1	
C	Jefferson	2.1	0.7	
L	Hyde	2.8	0.1	
R	North Point	2.9	0.1	
R	Van Ness	3.0	0.2	
L	Fort Mason	3.2	0.4	gear down this is a little hill
R	Marina Blvd.	3.6	1.0	
RS	Lyon	4.6	0.0	restroom stop on right
C	Old Mason Street	4.6	1.1	
R	Crissey Field Ave.	5.7	0.2	one way up hill
C	Lincoln Blvd.	5.9	0.9	
L	Kobbe	6.8	0.1	if you go down the hill you missed the turn
R	Washington	6.9	0.5	
L	Washington	7.4	1.0	
BR	Arguello	8.4	0.3	
BL	Arguello	8.7	1.1	follow the orange line onto Arguello
R	Conservatory	9.8	0.3	after Fulton
R	JFK	10.1	1.7	
				at Spreckles Lake, these are some one ways and parking lot entries
BL	JFK	11.8	0.1	
BR	JFK	11.9	0.5	
BR	JFK	12.4	0.4	you'll pass the buffalo on the right
L	at the Great Highway bikepath	12.8	0.8	enter bikepath
jog L	Lincoln Blvd.	13.6	0.0	off the bikepath and R onto Great Hwy road
then R	Great Highway	13.6	1.7	
R	Sloat	15.3	0.9	cross The Great Hwy for restroom
R	Skyline	16.2	0.4	
L	John Muir Drive	16.6	1.2	BE CAREFUL HERE! Crossing over
R	Lake Merced Blvd	17.8	0.7	
L	Southgate	18.5	0.1	stop sign after the shopping center
R	Park Plaza Dr.	18.6	0.4	traffic light here
L	87th	19.0	0.5	
R	Sullivan	19.5	0.4	
L	Washington	19.9	0.2	Krispy Kreme on this corner
L	San Pedro	20.1	0.2	BART bailout R on San Pedro, L on Hill St.
X	Mission onto E. Market	20.3	0.7	
C	Guadalupe Canyon Parkwa	21.0	1.5	
RS	San Bruno Mt. Park	22.5	0.3	restroom near far end of parking lot
C	Guadalupe Canyon Parkwa	22.8	2.1	
R	Bayshore Blvd.	24.9	0.6	
L	Tunnel Road	25.5	1.5	
R	Beatty	27.0	0.3	this is a rough road!!!
L	Alana	27.3	0.3	
BL	Harney	27.6	0.4	

R	Jamestown	28.0	1.0	curve around ballpark to Gilman
R	Arelious Walker	29.0	0.0	detour from 3rd St.
C	Fitch	29.0	0.2	
BL	Carroll	29.2	0.7	watch out for the tracks on Carroll
R	3rd Street	29.9	1.8	there is ongoing construction going on on 3rd St.
R	Cesar Chavez	31.7	0.0	1 block to Illinois
L	Illinois	31.7	1.0	
R	Terry Francois @ Mariposa	32.7	1.0	enjoy McCovey Cove
R	3rd Street	33.7	0.1	pass by SBC Park - GO GIANTS
R	Willie Mays Plaza (King St.)	33.8	0.2	
C	Embarcadero	34.0	0.5	
L	Bryant St.	34.5	END	



R=right L=left JL=jog left C=continue BR=bear right BL=bear left RS=rest stop E=east F=finish X=cross

30JUN2004

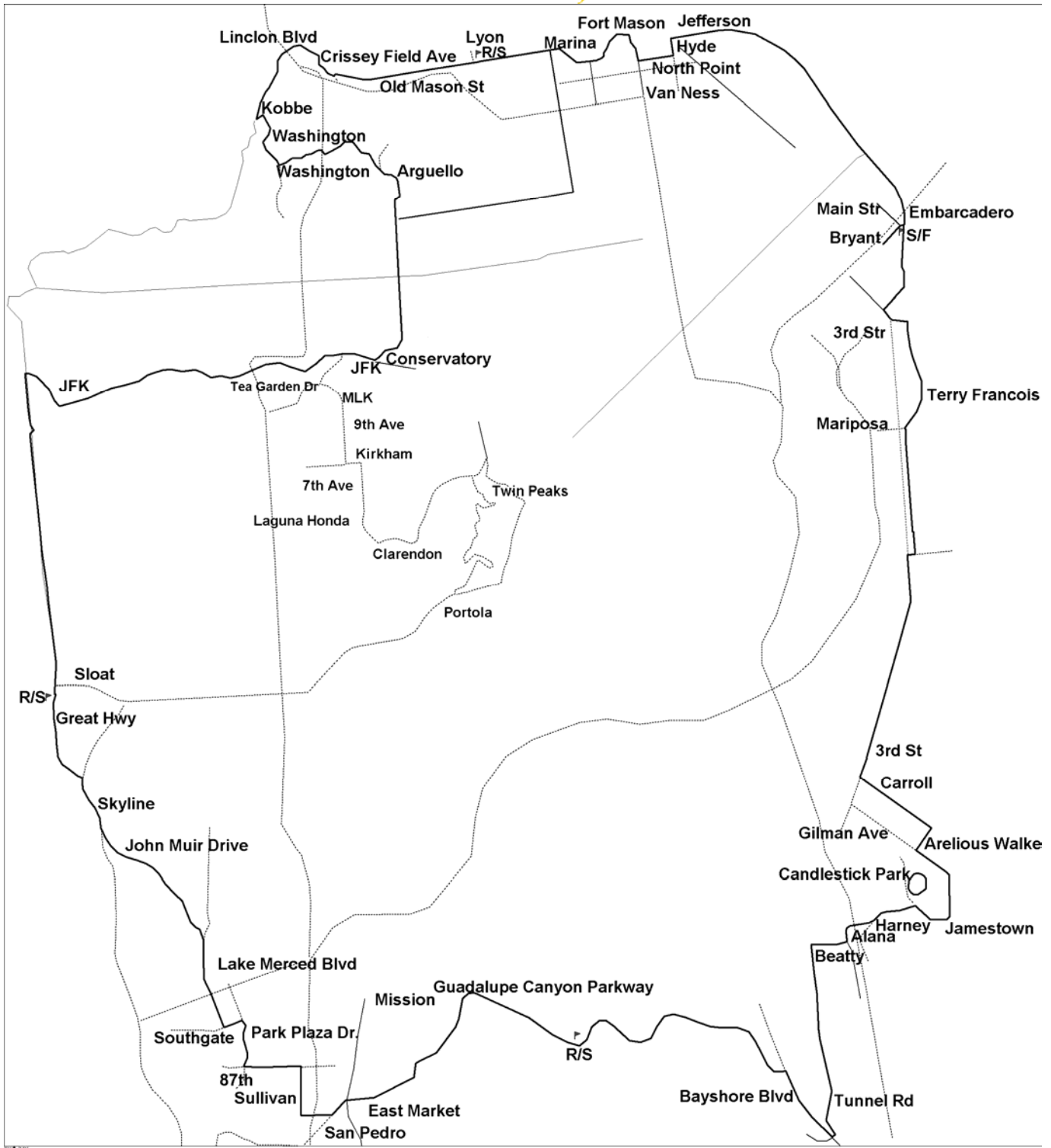


www.oaklandyellowjackets.org

Fog City - Humane

Oakland Yellowjackets

BICYCLE CLUB



Map created with TOPO!® ©2003 National Geographic (www.nationalgeographic.com/topo)