

Norris Canyon/San Ramon - Humane / Intermediate / Advanced

Distance: 58.1 miles Climb: 3,215 feet
Start: Lake Merritt, Children's Fairyland parking lot

Dir	Street/Road	At	Go	Comments
N	Bellevue	0.0	0.1	Ride north away from Lake Merritt
L	Grand Ave	0.1	0.1	Careful at the intersection
R	Bay Pl	0.2	0.2	
C	27th Street	0.4	0.4	at Harrison
R	Telegraph	0.8	3.7	Cruise through Berkeley
L	Bancroft	4.5	0.4	
R	Oxford	4.9	0.5	
R	Hearst	5.4	0.0	Look out for little bike path on turn
L	Spruce	5.4	2.2	Get ready to climb to Grizzly Peak Bl
C	Wildcat Canyon	7.6	3.5	
RS	Inspiration Point	11.1	0.0	
L	Wildcat Canyon	11.1	2.4	
R	Camino Pablo	13.5	1.2	
L	Miner Rd	14.7	1.0	Orinda BART (straight on SPDR)
BL	Lombardy Ln	15.7	1.0	
R	Dalewood Dr	16.7	0.5	
R	Sundown Terrace	17.2	0.4	
R	Happy Valley Rd	17.6	2.7	Technical descent at top
L	Mt Diablo Blvd	20.3	1.7	Lafayette BART (left at Deer Hill Rd)
R	Pleasant Hill Rd	22.0	0.7	
L	Olympic Blvd	22.7	1.3	
R	Newell Ave	24.0	0.5	
R	Lilac Dr	24.5	0.2	
R	Lancaster Rd	24.7	0.7	
L	Castle Hill Rd	25.4	0.2	
R	Danville Blvd	25.6	3.9	
R	Railroad	29.5	0.5	
RS	Danville Peet's	30.0	0.0	
R	Railroad	30.0	0.0	
R	San Ramon Valley Blvd	30.0	3.7	
R	Norris Canyon	33.7	4.7	Get ready to climb Norris Canyon
L	Crow Canyon	38.4	2.9	
R	Cull Canyon	41.3	0.1	
L	Heyer	41.4	1.0	Short, steep climb
L	Redwood Rd	42.4	0.2	
R	Somerset	42.6	0.8	Castro Valley BART (straight on Redwood)
R	Lake Chabot Rd	43.4	1.4	
R	Lake Chabot Rd	44.8	2.4	
C	Estudillo	47.2	0.8	
R	Bancroft	48.0	4.9	San Leandro BART (straight on Estudillo)
C	Bond Ave	52.9	0.4	at 46th
L	42nd St	53.3	0.2	
R	International	53.5	0.1	over freeway
L	40th Street	53.6	0.1	turn at Bike Route sign onto path
R	E 12th St	53.7	2.0	unmarked, first signal along bike path
L	E 8th St	55.7	0.1	
R	E 10 St	55.8	0.9	
R	Oak St	56.7	0.3	
C	Lakeside Dr	57.0	0.5	
C	Harrison	57.5	0.3	
R	Grand Ave	57.8	0.2	
R	Bellevue	58.0	0.1	
F	Lake Merritt, Children's Fairyland	58.1	0.1	