

Crockett – Humane

Distance: 77.4 miles Climb: 3,293 feet
 Start: Lake Merritt, Children's Fairyland parking lot

Dir	Street/Road	At	Go	Comments
N	Bellevue	0	0.1	away from lake
L	Grand Ave	0.1	0.1	
R	Bay Pl	0.2	0.2	
C	27 th St	0.4	0.4	
R	Telegraph	0.8	0.1	
L	29 th St	0.9	0.2	
R	MLK	1.1	1.0	
L	45 th St	2.1	0.3	
R	Market St.	2.4	0.9	
C	Sacramento	3.3	2.2	at Berkeley city limit
L	Hopkins	5.5	0.1	
R	Gilman	5.6	0.3	
R	Santa Fe	5.9	0.0	
L	Masonic	5.9	0.6	New route
R	Washington	6.5	0.0	New route
L	Key Route Blvd.	6.5	0.5	
C	Ashbury	7.0	1.2	at El Cerrito city limit
L	Moeser	8.2	0.1	
R	Richmond	8.3	0.8	unsigned intersection
C	Elm	9.1	0.2	
L	Key Blvd	9.3	1.3	incline with signal - gear down
R	Clinton	10.6	0.2	
L	Amador	10.8	1.0	
R	San Pablo Dam Rd	11.8	1.3	
RG	ECG gas station	13.1	0.1	on left before Appian Way
L	Appian Way	13.2	1.1	get into outer left turn lane
L	Appian Way, cont.	14.3	2.0	
BL	Parker Ave	16.3	0.6	
C	San Pablo Ave.	16.9	2.9	
X	Merchant Str. Opt: turn left and ride across the Benicia Bridge and back.	19.8		
C	Pomona	19.8	0.7	Cross under Hwy 80
R	Crocket Blvd	20.5	2.0	
L	Cummings Skyway	22.5	2.2	
L	Franklin Canyon	24.7	4.4	
L	Alhambra Ave	29.1	0.7	RS at Safeway
U	Alhambra Ave	29.8	1.2	Back the way you came
BL	Alhambra Ave	31.0	2.8	do not take Alhambra Valley Rd.
C	Pleasant Hill Rd	33.8	1.8	at Taylor
L	Oak Park Blvd	35.6	1.2	
C	Coggins	36.8	0.9	
C	Jones Rd	37.7	0.2	
BL	Iron Horse bike trail	37.9	4.6	past BART lot, starts on sidewalk
L	Danville Blvd	42.5	4.7	at Rudgear Rd.

R=right L=left C=change name RG=regroup S=south BR=bare right BL=bare left F=finish
 U=U turn

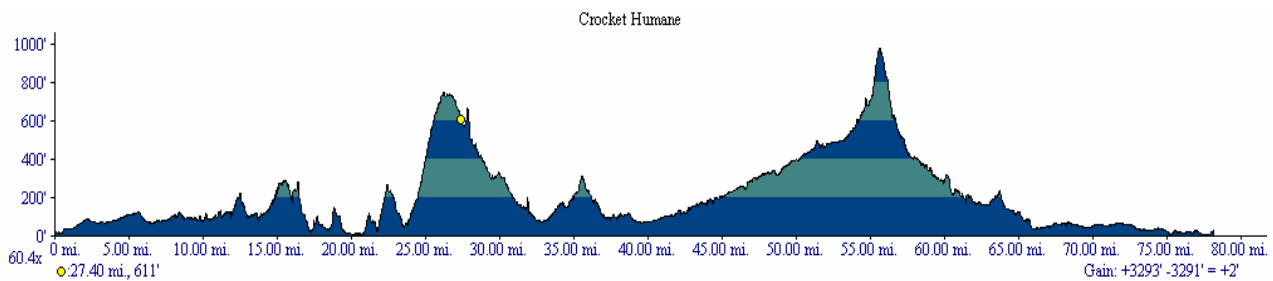
C	Hartz Ave	47.2	0.6	at Railroad Ave
C	San Ramon Valley Blvd	47.8	4.7	at Railroad Ave
R	Norris Canyon	52.5	5.0	
L	Crow Canyon	57.5	3.4	
R	Castro Valley Blvd	60.9	0.7	
L	Norbridge Ave.	61.6	1.1	Castro Valley BART bailout
R	Stanton Ave.	62.7	0.1	
L	Castro Valley Blvd.	62.8	0.1	
R	John Dr.	62.9	0.2	
C	Foothill	63.1	2.1	
L	150 th Ave	65.2	0.4	
R	E. 14 th St	65.6	0.0	
R	Bancroft	65.6	6.8	
BR	Bond	72.4	0.3	
L	42 nd St	72.7	0.2	
R	International	72.9	0.1	
L	40 th St	73.0	0.1	
R	E 12 th St	73.1	2.2	
L	E 8 th St	75.3	0.1	
R	E 10 th St	75.4	0.7	
R	Oak St	76.1	0.3	
C	Lakeside Dr	76.4	0.5	
C	Harrison	76.9	0.2	
R	Grand Ave	77.1	0.2	
R	Bellevue	77.3	0.1	
F	Fairyland lot	77.4		

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www.oaklandyellowjackets.org



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