

# Hayward State – Advanced Intermediate/Advanced

Distance: 53 Miles      Climb: 3,300 ft

Start: Lake Merritt, Children's Fairyland parking lot

Dir	Street/Road	At	Go	Comments
E	Bellevue	0.0	0.6	towards lake
R	Grand Ave	0.6	0.1	
R	El Embarcadero	0.7	0.1	
R	Lakeshore	0.8	0.8	
L	E 15 <sup>th</sup> St	1.6	0.2	move out of far right lane after light @18th
R	5 <sup>th</sup> Ave	1.8	0.6	
L	Embarcadero	2.4	1.6	
C	E 7th St	4.0	0.8	
R	Fruitvale	4.8	0.5	
C	Tilden Way	5.3	0.2	after crossing bridge
L	Fernside	5.5	1.5	
L	Bikeway	7.0	1.1	cross street onto side walk, go past yacht club
L	Doolittle	8.1	4.7	
L	Farollon	12.8	0.6	
R	Wicks	13.4	0.2	
L	Manor Blvd	13.6	0.5	
L	Farnsworth	14.1	0.5	
C	Floresta	14.6	0.6	
C	Halcyon Dr	15.2	0.8	
L	Hesperian	16.0	0.2	
R	150 <sup>th</sup> Ave	16.2	0.1	
RG	Union gas station	16.3	0.4	
R	Foothill	16.7	0.1	
L	Fairmont	16.8	1.7	
C	Lake Chabot Rd	18.5	1.4	Lake Chabot enters on left -- go straight
L	Somerset Ave	19.9	0.8	<b>NEW ROUTE</b>
L	Redwood Rd	20.7	0.2	<b>NEW ROUTE</b>
R	Heyer Ave	20.9	0.7	<b>NEW ROUTE</b>
R	Center St	21.6	0.7	<b>NEW ROUTE</b>
L	E. Castro Valley Blvd	22.3	0.9	
R	Five Canyons Pkwy	23.2	2.2	
L	Fairview Ave	25.4	1.9	
BR	Hayward Blvd	27.3	2.5	At traffic circle
R	Cammpus Dr	29.8	0.8	
L	2nd Street	30.6	1.4	
R	A Street	32.0	0.6	
C	Redwood Rd	32.6	0.8	Castro Vally BART option off Redwood Rd
RG	Redwood Rd	33.4	0.0	Gas station at corner of Castro Valley Blvd.
C	Redwood Rd	33.4	12.2	
R	Skyline Blvd	45.6	0.6	
C	Joaquin Miller Rd	46.2	1.2	
R	Monterey Blvd	47.4	0.9	
L	Park Blvd	48.3	0.7	
R	Trestle Glen Rd	49.0	1.8	
L	Lakeshore Ave	50.8	0.4	
R	El Embarcadero	51.2	0.0	
L	Grand Ave	51.2	0.5	
L	Bellvue Ave	51.7	0.2	
F	Fairyland	51.9		

R=right L=left C=name change RG=regroup E=east F=finish

