

**Lucas Valley - Intermediate Humane**

Distance: 40.0 miles      Climb: 2629 feet

Start: Marinwood Park, Miller Creek Rd, San Rafael

Dir	Street/Road	At	Go	Comments
L	Miller Creek Rd	0.0	0.1	Park on W side of Miller Creek Rd
R	Lucas Valley Rd	0.1	9.4	
R	Nicasio Valley Rd	9.5	0.6	
L	Old Rancheria Rd	10.1	0.1	
RG	Nicasio	10.2	0.0	
R	Nicasio Valley Rd	10.2	3.2	
L	Pt Reyes Petaluma Rd	13.4	3.0	
R	Pt Reyes Petaluma Rd	16.4	3.2	
L	CA 1	19.6	0.4	
L	A St	20.0	0.0	
RG	Bovine Bakery	20.0	0.0	Pt Reyes Station
R	CA 1	20.0	0.5	
R	Pt Reyes Petaluma Rd	20.5	3.1	
BL	Pt Reyes Petaluma Rd	23.6	3.1	
R	Nicasio Valley Rd	26.7	3.2	
L	Old Rancheria Rd	29.9	0.1	
RG	Nicasio	30.0	0.0	
R	Nicasio Valley Rd	30.0	0.5	
L	Lucas Valley Rd	30.5	9.4	
L	Miller Creek Rd	39.9	0.1	
	Marinwood Park	40.0		

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross