

Mt Diablo – Intermediate/Advanced

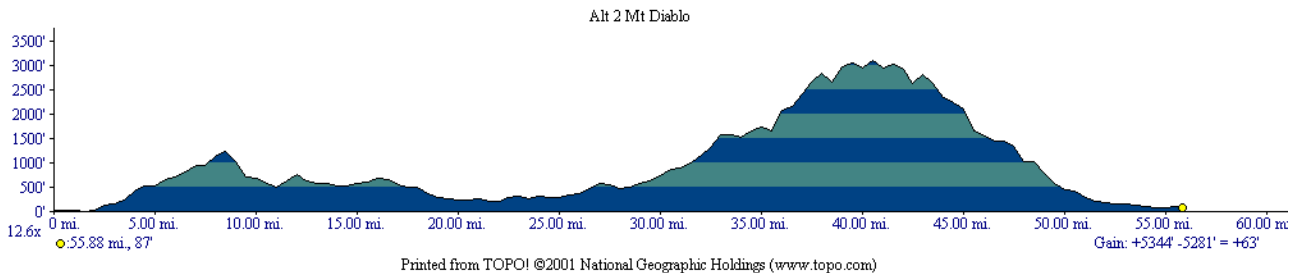
Distance: 57.9 miles Climb: 5,700 feet
 Start: Lake Merritt, Children's Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
E	Bellevue	0.0	0.6	
R	Grand	0.6	0.9	
R	Wildwood	1.5	0.3	
BR	Wildwood	1.8	0.2	
BR	Wildwood	2.0	0.3	
BR	Wildwood	2.3	0.5	
R	Crocker	2.8	0.1	
L	Hampton	2.9	0.2	
R	St James	3.1	0.9	
L	Park Blvd.	4.0	0.7	
R	Monterey	4.7	0.9	
rest stop	Mormon Temple	5.6	0.0	at Lincoln
L	Lincoln	5.6	0.1	
becomes	Joaquin Miller	5.7	0.1	cross over freeway
R	Hedge	5.8	0.1	
L	Burdeck	5.9	0.6	
R	Butters	6.5	0.8	
L	Cresmont	7.3	0.2	
R	Rishell	7.5	0.5	
R	Skyline	8.0	0.1	
L	Redwood Rd	8.1	2.4	
L	Pinehurst	10.5	2.8	
R	Canyon	13.3	1.8	
RG	gas station at Moraga Way	15.1	0.0	
C	Moraga Rd	15.1	0.4	NOT Moraga Way
R	St. Mary's Rd	15.5	3.1	
R	Glenside	18.6	0.1	
BL	Glenside	18.7	0.3	at Burton
BR	Reliez Station Rd	19.0	0.8	
R	Olympic Blvd	19.8	1.1	
R	Tice Valley Blvd	20.9	1.9	
R	Crest Av	22.8	0.5	
L	Hillgrade Av	23.3	0.3	
R	Danville Blvd	23.6	1.5	
L	Stone Valley Rd	25.1	3.2	
R	Green Valley Rd	28.3	0.7	
L	Diablo Rd	29.0	1.6	
L	Diablo Scenic Rd	30.6	1.1	
C	South Gate Rd	31.7	5.8	
RG	ranger station	37.5	0	
R	Summit Rd	37.5	4.5	
RG/U	Summit	42.0	4.5	3,849 ft. elevation

R=right L=left BR=bear right BL bear left C=name change RG=regroup S=south W=west E=east
 F=finish X=cross

Dir	Street/Road	At	Go	Comments
RG/U	Summit	42.0	4.5	3,849 ft. elevation
R	North Gate Rd	46.5	8.0	
R	Castle Rock Rd	54.5	0.1	
L	Walnut Av	54.6	1.7	
X	Ygnacio Valley Blvd	56.3		
C	Bancroft Rd	56.3	0.5	
L	Contra Costa Canal bike trail	56.8	0.6	right turn after Amberwood Ln
R	Ironhorse bike trail	57.4	0.2	
R	Jones Rd	57.6	0.1	
X	Treat Blvd	57.7	0.2	
L	Pleasant Hill BART	57.9		

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 BICYCLE CLUB

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