

## Tunnel/Grizzly – Humane/Intermediate/Advanced

Distance: 38.8 miles

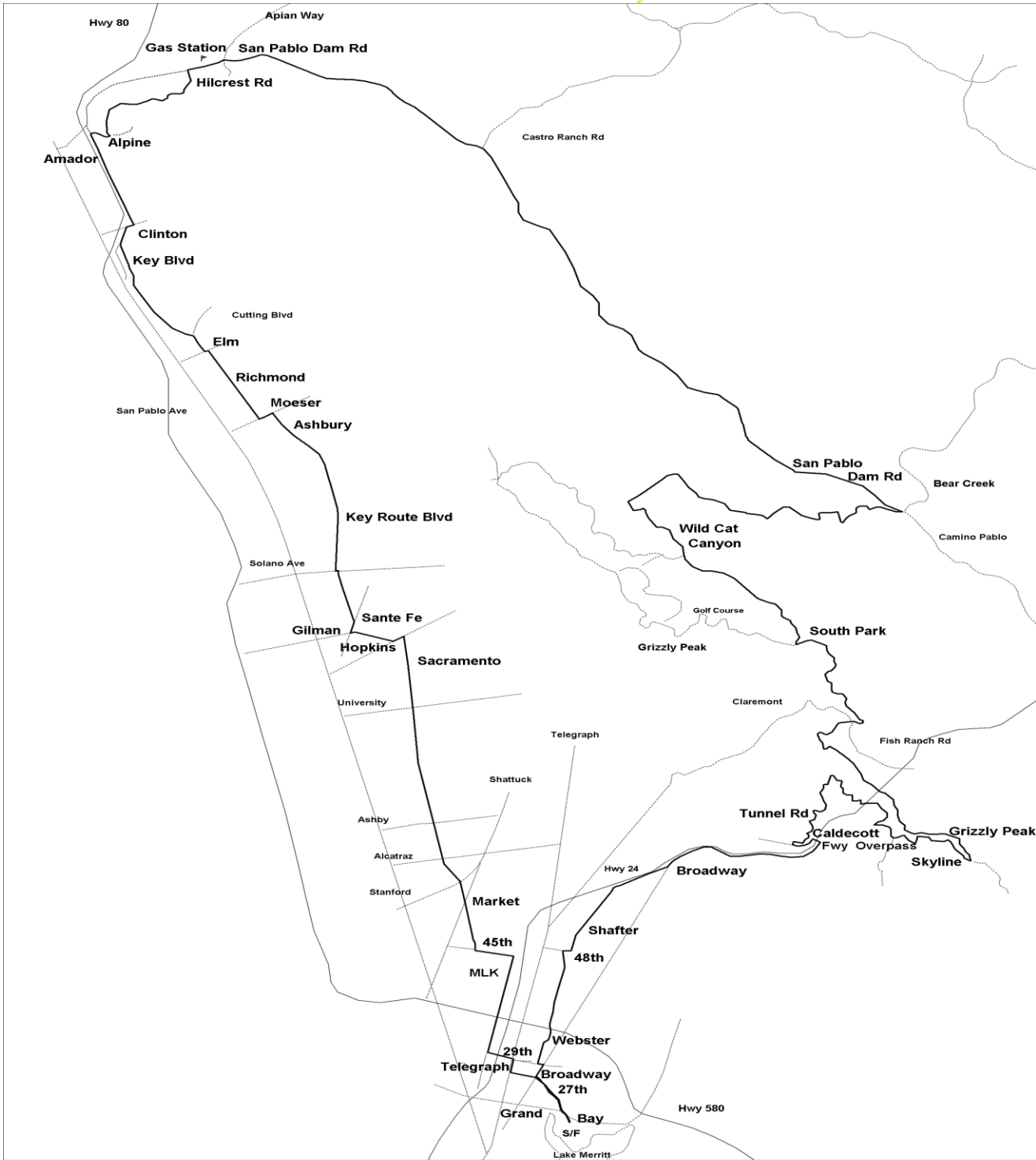
Climb: 2,265 feet

Start: Lake Merritt, Children's Fairyland parking lot

Dir	Street/Road	At	Go	Comments
N	Bellevue	0	0.1	away from lake
L	Grand Ave	0.1	0.1	
R	Bay Pl	0.2	0.1	
C	27 <sup>th</sup> St	0.3	0.4	at Harrison
R	Broadway	0.7	0.0	
L	29 <sup>th</sup> St	0.7	0.1	
R	Webster	0.8	1.2	bike route
R	48 <sup>th</sup> St	2.0	0.1	
L	Shafter	2.1	0.7	
C	Keith	2.8	0.4	at College (Rockridge BART)
L	Broadway	3.2	1.4	
L	freeway overpass	4.6	0.1	at North Oakland Sports Center
L	Caldecott	4.7	0.3	
R	Tunnel Rd	5.0	1.7	(stay to right around fire memorial)
C	Skyline	6.7	1.4	
L	Grizzly Peak Rd	8.1	7.7	
R	Wildcat Canyon	15.8	5.9	
L	San Pablo Dam Rd	21.7	7.9	
RG	gas station	29.6	0.0	just past Appian Way
C	San Pablo Dam Rd	29.6	0.3	
L	Hilcrest Rd	29.9	1.2	(avoids left turn onto Amador from San Pablo Dam Rd)
R	Alpine	31.1	0.1	
L	Amador	31.2	1.1	
R	Clinton	32.3	0.2	
L	Key	32.5	0.7	
R	Elm	33.2	0.7	
C	Richmond	33.9	0.8	
L	Moeser	34.7	0.2	no sign, Moeser has center divider
R	Ashbury	34.9	0.9	
C	Key Route	35.8	0.5	at Albany city limit
R	Washington	36.3	0.0	jogs left at Solano
L	Masonic	36.3	0.6	
R	Santa Fe	36.9	0.1	
L	Gilman	37.0	0.3	
L	Hopkins	37.3	0.2	
R	California St	37.5	1.9	Bike Blvd - CHANGE IN ROUTE
L	Russel St	39.4	0.1	Bike Blvd - CHANGE IN ROUTE
R	King	39.5	0.6	Bike Blvd - CHANGE IN ROUTE
R	Stanford	40.1	0.2	
L	Market	40.3	0.7	
L	45 <sup>th</sup> St	41.0	0.3	
R	MLK	41.3	1.0	
L	29 <sup>th</sup>	42.3	0.2	
R	Telegraph	42.5	0.2	
L	27 <sup>th</sup> St	42.7	0.4	
C	Bay Pl	43.1	0.2	at Harrison
L	Grand Ave	43.3	0.1	
R	Bellevue	43.4	0.1	
F	parking lot	43.5		

R=right L=left C=name change/continue RG=regroup N=north F=finish JL=jog left

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Tunnel Grizzly HIA

